

BELLEVUE UNION ELEMENTARY SCHOOL DISTRICT

**February
2012**

Monday

Tuesday

Wednesday

Thursday

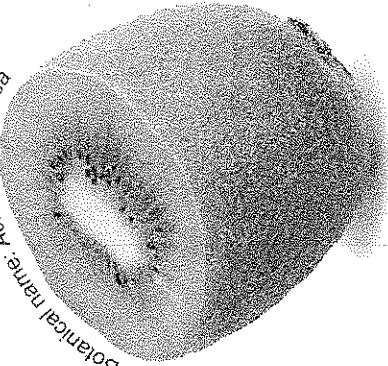
Friday

		1 Bean & Cheese Burrito	2 Spaghetti and Meatballs with breadstick Turkey and Cheese Sandwich w/pretzels	3 Teriyaki Beef and Broccoli with Brown Rice P B & J Sandwich on Whole Wheat w/prezel
6 Flame Broiled Cheeseburger on a Whole Wheat Bun Tuna Sandwich with pretzels	7 Two Taco Tuesday w/Beans & Rice Cheese Quesadilla	8 Crispy Chicken Patty on a whole wheat Bun	9 Meatloaf with Deli Roasted Potatoes Turkey and Cheese Sandwich w/pretzels	10 Chicken Nugget with Red Roasted Potatoes P B & J Sandwich on Whole Wheat w/prezel
13 Flame Broiled Cheeseburger on a Whole Wheat Bun Turkey and Cheese Sandwich w/pretzels	14 Turkey Frank on a Whole Wheat Bun with Red Roasted Potatoes Cheese Quesadilla	15 Honey BBQ Pork Rib Sandwich on a Whole Wheat	16 Spaghetti and Meatballs with breadstick Turkey and Cheese Sandwich w/pretzels	17 HOLIDAY
20 HOLIDAY	21 Two Taco Tuesday w/Beans & Rice Cheese Quesadilla	22 Crispy Chicken Patty on a whole wheat Bun	23 Baked Chicken with corn Turkey and Cheese Sandwich w/pretzels	24 Breakfast for Lunch P B & J Sandwich on Whole Wheat w/prezel
27 Flame Broiled Cheeseburger on a Whole Wheat Bun Turkey and Cheese Sandwich w/prezel	28 Teriyaki Beef and Broccoli with Brown Rice Cheese Quesadilla	29 Bean & Cheese Burrito		

Harvest of the Month

Network for a Healthy California

Botanical name: *Actinidia deliciosa*



KIWI FRUIT

Count how many meals on the menu have a green fruit or vegetable in them.

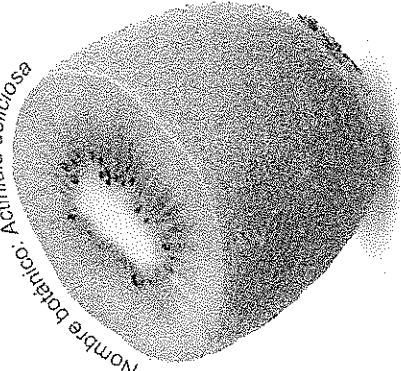
- How many did you find?
- How many kiwis did you find?
- What is your favorite green fruit or vegetable?

Nombre botánico: *Actinidia deliciosa*

¿Cuántas comidas en el menú contienen una fruta o una verdura de color verde?

- ¿Cuántas encontraste?
- ¿Cuántos kiwis encontraste?
- ¿Cuál es tu fruta o verdura de color verde favorita?

La Cosecha del Mes
Red para una California Saludable



KIWI